



Milwaukee County Senior Meal Program

Senior Dining Sites Menu

March

2014

MILW CHRISTIAN CTR, 807 S. 14th St.

PHONE: 645-5350

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3/3/2014	3/4/2014	3/5/2014	3/6/2014	3/7/2014
Stir-Fry Chicken with Onions and Red Pepper Rice Grapes Mini Cup Cake Calcium Fortified Juice	Baked Chicken Thigh Rice Broccoli Garden Salad with dressing Calcium Fortified Juice	Pork and Vegetable Soup Rice Apple Sugar Cookie Calcium Fortified Juice	Sweet Pork with Eggs Rice Mixed Vegetables Fresh Orange Calcium Fortified Juice	Spaghetti with Meat Sauce Broccoli Pear Ice Cream Cup Calcium Fortified Juice
3/10/2013	3/11/2014	3/12/2014	3/13/2014	3/14/2014
Pork Rib Soup with vegetables Rice Apple Chocolate Chip Cookie Calcium Fortified Juice	Baked Asian Sausages Green Beans Garden Salad with dressing Grapes Calcium Fortified Juice	Chicken Stir Fry with Vegetables Rice Orange Donut Calcium Fortified Juice	Beef Soup with Meat Balls Rice Noodles & Sprouts Melon Brownie Calcium Fortified Juice	Scrambled Eggs with ground pork Rice Garden Salad with dressing Banana Calcium Fortified Juice
3/17/2014	3/18/2014	3/19/2014	3/20/2014	3/21/2014
Chicken Soup with Tofu & Mixed Vegetables Rice Corn Melon Calcium Fortified Juice	Stir-Fry Ground Pork & Vegetables Rice Pineapple Brownie Calcium Fortified Juice	Steamed Fish Rice Mixed Vegetables Grapes Sugar Cookie Calcium Fortified Juice	Fried Ground Pork with corn Rice Cucumbers Pear Calcium Fortified Juice	Stir-Fry Noodles with Chicken Rice Carrots Orange Rice Krispie Treat Calcium Fortified Juice
3/24/2014	3/25/2014	3/26/2014	3/27/2014	3/28/2014
Stir-Fry Brats with Vegetables Rice Carrot Dippers with Ranch Dressing Melon Calcium Fortified Juice	Stir-Fry Tofu with Ground Pork Rice Mixed Vegetables Grapes Sugar Cookie Calcium Fortified Juice	Beef Soup with Rice Noodles & Vegetables Pear Brownie Calcium Fortified Juice	Ground Pork with Steamed Cabbage Apple Sauce Sugar Cookie Calcium Fortified Juice	Chicken Fried Rice with Vegetables Orange Ice Cream Sandwich Calcium Fortified Juice
3/31/2014				
Baked Catfish Rice Carrots & Broccoli Banana Mini-Cup-Cake Calcium Fortified Juice			Suggested Donation of \$2.50 per meal	